

# LE ONLY- Transitions and Barricade Usage

Transitions and Barricade Usage is an advanced-level course designed for experienced shooters with a solid foundation in firearms handling and marksmanship. Built around the long-standing “ALWAYS FIND COVER” principle instilled in officers from day one of the police academy, this course addresses a critical gap—how to effectively shoot from cover.

Participants should expect to be pushed beyond their comfort zones as they develop greater proficiency with support-side shooting and unorthodox firing positions. The curriculum emphasizes ambidextrous weapon handling, including shoulder transitions, fundamental shooting mechanics from either side, and familiarity with both left- and right-hand-oriented controls.

Training focuses heavily on gross motor skill development for rifle manipulation. Students will work through slow, deliberate transitions to build body awareness and muscle memory, as well as drills designed to improve capability in one-handed and compromised shooting scenarios.

## Student Requirements

Department issued handgun and rifle.

3 magazines for each weapon system.

Pistol holster.

Tactical Rifle sling.

Duty kit (must be able to manage all 6 magazines appropriately)

Appropriate eye and hearing protection.

Baseball style cap.

Knee pads (highly recommended).

Inclement weather gear.

Water and Snacks.

Rifles must be zeroed, cleaned, lubricated, and verified operational prior to class.

Body armor mandatory.

600 rounds rifle ammunition.

200 rounds pistol ammunition.